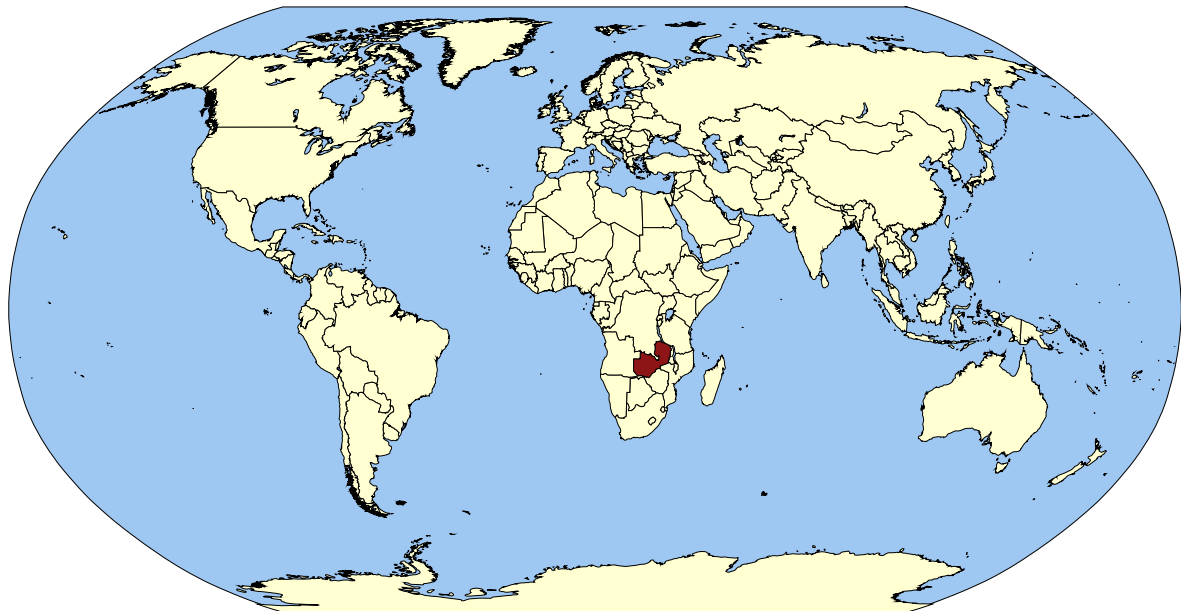


Zambia



The History of Schistosomiasis in Zambia

Zambia is a landlocked country in Africa, with a southern border formed by the Zambezi River and its reservoir above the Kariba dam, Lake Kariba [1]. The Lake Kariba reservoir, the largest in the world by water volume, also forms Zimbabwe's northern border with Zambia, and as a result, the two countries share a problem of *Schistosoma mansoni* transmission concentrated around the lake[2]. *S. haematobium* is more common and widespread than *S. mansoni* throughout Zambia and has been prevalent in all provinces of the country [3, 4].

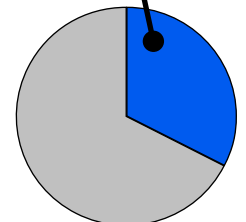
Schistosomiasis records in Zambia date back at least to the mid 19th century when the missionary explorer, David Livingstone, died in swamps south of Lake Bangweulu in Zambia - possibly of hemorrhage as a sequella to schistosome (and/or other parasitic) infections [5]. During the 20th century Zambia and the Zambezi River have been sites of numerous studies about, but little coordinated control for, schistosomiasis [2, 3, 6-16]. The first officially-recorded case of schistosomiasis in Zambia was in 1908 [4]. The most recent estimate of schistosomiasis prevalence in Zambia places the country at 22.1% nationwide in 2012 [17]. 1995, 26.6% in 2003, and 27.9% in 2010.

Schistosomiasis in Zambia [22]

Almost half a million people required treatment in 2014

32.7% of the population requires preventative chemotherapy for schistosomiasis

In 2014, 48.4% of the population requiring preventative chemotherapy were school-aged children



Overview of Zambia [1]

- » Population in 2015: 15,066,266
- » Official Language: English
- » Capital: Lusaka
- » Presidential Republic
- » Percentage of Population with Access to Improved Drinking Water in 2015: 65.4%
- » Percentage of Population with Access to Improved Sanitation in 2015: 43.9%

History continued..

This has hardly changed from estimates from the last few decades of 26.5% in 1986; 25.5% in 1995, 26.6% in 2003, and 27.9% in 2010. [18-20]

Schistosomiasis Control in Zambia

The first National Plan of Action for schistosomiasis control in Zambia was initiated in 1998, but it wasn't until the year 2000 that the Zambian government's School Health and Nutrition program distributed praziquantel as part of their integrated anti-helminthic and education campaigns in government schools[3]. Roll out of praziquantel distribution was relatively slow in the Zambian School Health and Nutrition program. It is unclear how many children were treated with praziquantel in the first five years. The aims of this program were multifaceted and included many more goals than just schistosomiasis control, such as HIV/AIDS education, gender issues, water and sanitation, and treatment of soil-transmitted helminthes [3]. From 2004 to 2005, the Zambian Bilharzia Control Programme (ZBCP) spun off the School Health and Nutrition program as a partnership between the Schistosomiasis Control Initiative (SCI, funded by the Bill & Melinda Gates Foundation), the Zambian Government, and the World Health Organization (WHO), with the new goal of treating 75% of school-aged children and reaching all communities with >50% prevalence via praziquantel-based mass drug administration (MDA) campaigns. An SCI report to the B&M Gates Foundation in 2011, explains that despite lofty goals, implementation in Zambia fell short of expectations, mainly due to poor communication and lack of buy-in from the central leadership at the ZBCP and from district health teams [21]. Following these initial efforts, SCI backed drug administrations during 2005-6 and 2010, but the programs reached less than 5% of the population in need each year, according to WHO records [3, 22].

References

1. The World Factbook. 2013-14 [cited 2015 Oct]; Available from: <http://www.cia.gov/library/publications/the-world-factbook/>.
2. Chimbari, M.J., et al., Transmission of schistosomiasis in Kariba, Zimbabwe, and a cross-sectional comparison of schistosomiasis prevalences and intensities in the town with those in Siavonga in Zambia. *Ann Trop Med Parasitol*, 2003. 97(6): p. 605-16.
3. Kabatereine, N.B., et al., The control of schistosomiasis and soil-transmitted helminths in East Africa. *Trends Parasitol*, 2006. 22(7): p. 332-9.
4. Doumenge, J.P., et al., Atlas of the global distribution of schistosomiasis, 1987, World Health Organization: Geneva, Switzerland.
5. Barrett, M. What is David Livingstone's legacy, 200 years after his birth? 2013 [cited 2015 November]; Available from: <http://www.newstatesman.com/sci-tech/sci-tech/2013/02/what-david-livingstones-legacy-200-years-after-his-birth>.
6. de Jonge, N. and N.G. van Vliet, Urinary schistosomiasis in the Sichili Health Zone, Western Province, Zambia. *Trop Med Parasitol*, 1991. 42(3): p. 191-2.
7. Hira, P.R., Seasonal population densities of snails transmitting urinary and intestinal schistosomiasis in Lusaka, Zambia. *Trop Geogr Med*, 1975. 27(1): p. 83-92.
8. Mwanakasale, V., et al., Impact of iron supplementation on schistosomiasis control in Zambian school children in a highly endemic area. *Malawi Med J*, 2009. 21(1): p. 12-8.
9. Mwanakasale, V., et al., Interactions between *Schistosoma haematobium* and human immunodeficiency virus type 1: the effects of coinfection on treatment outcomes in rural Zambia. *Am J Trop Med Hyg*, 2003. 69(4): p. 420-8.
10. Ng'andu, N.H., B.M. Nkwane, and T.E. Watts, The health status of rural primary schoolchildren in Central Zambia. *J Trop Med Hyg*, 1991. 94(3): p. 169-74.
11. Phiri, A.M., et al., Trematode infections in freshwater snails and cattle from the Kafue wetlands of Zambia during a period of highest cattle-water contact. *Journal of Helminthology*, 2007. 81(1): p. 85-92.
12. Rollinson, D., Biochemical genetics in the study of schistosomes and their intermediate hosts. *Parassitologia*, 1985. 27(1-2): p. 123-39.
13. Siziya, S. and M. Mushanga, Importance of schistosomiasis in the Isoka district of Zambia: a prerequisite for its control using community participation. *Soc Sci Med*, 1996. 42(3): p. 431-5.
14. Sukwa, T.Y., A community-based randomized trial of praziquantel to control schistosomiasis morbidity in schoolchildren in Zambia. *Ann Trop Med Parasitol*, 1993. 87(2): p. 185-94.
15. Sukwa, T.Y., M.K. Bulsara, and F.K. Wurapa, Reduction in prevalence, intensity of infection and morbidity due to *Schistosoma mansoni* infection in a community following treatment with praziquantel. *J Trop Med Hyg*, 1987. 90(4): p. 205-11.
16. Sukwa, T.Y., M.K. Bulsara, and F.K. Wurapa, The relationship between morbidity and intensity of *Schistosoma mansoni* infection in a rural Zambian community. *Int J Epidemiol*, 1986. 15(2): p. 248-51.
17. Lai, Y.S., et al., Spatial distribution of schistosomiasis and treatment needs in sub-Saharan Africa: a systematic review and geostatistical analysis. *Lancet Infect Dis*, 2015. 15(8): p. 927-40.
18. Rollinson, D., et al., Time to set the agenda for schistosomiasis elimination. *Acta Trop*, 2013.
19. Utroska, J.A., et al., An estimate of the global needs for praziquantel within schistosomiasis control programs, 1989, World Health Organization: Geneva, Switzerland.
20. Chitsulo, L., et al., The global status of schistosomiasis and its control. *Acta Trop*, 2000. 77(1): p. 41-51.
21. Fenwick, A., The control of schistosomiasis in Africa and the evaluation of integrated control of neglected tropical diseases in Africa, 2011, Bill & Melinda Gates Foundation: Global Health Final Reports Grant ID# 13122 and 36202.
22. WHO. PCT databank. http://www.who.int/neglected_diseases/preventive_chemotherapy/databank/en/. [cited 2015 Oct].